



## SUPERMASTER KIM MA @ BETHELVIEW

### 2024 TRAINING SCHEDULE

Personal Training/Private Lessons available in Taekwondo/Judo for adults and kids.

For more information, contact us at [770-888-2188](tel:770-888-2188) / [supermasterkim@gmail.com](mailto:supermasterkim@gmail.com)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4:00 – 4:30	TAEKWONDO Tiny Tiger (Ages 4 – 6)	 JUDO TEAM FORCE (In-Season 3:50 – 4:30)	TAEKWONDO Tiny Tiger (Ages 4 – 6)	 JUDO TEAM FORCE (In-Season 3:50 – 4:30)	PRIVATE LESSON Reserved Only	 TAEKWONDO / JUDO TEAM FORCE (7:00am – 9:00am)
4:30 – 5:10	TAEKWONDO (White – Orange)	JUDO Kids (Ages 4 – 10)	TAEKWONDO (White – Orange)	JUDO Kids (Ages 4 – 10)	INSTRUCTOR Training	LEADERSHIP Training (9:00am – 9:45am)
5:10 – 5:50	TAEKWONDO (Green – Purple)	TAEKWONDO Tiny Tiger (Ages 4 – 6) (5:20pm – 5:50pm)	TAEKWONDO (Green – Purple)	TAEKWONDO Tiny Tiger (Ages 4 – 6) (5:20pm – 5:50pm)	TKD SPARRING (Ages 6 – 9)	TAEKWONDO Family (9:45am – 10:25am)
5:50 – 6:30	JUDO All Ages & Levels	TAEKWONDO (White – Orange)	JUDO All Ages & Levels	TAEKWONDO (White – Orange)	TKD SPARRING (Ages 10 – 12)	TKD SPARRING (All Belt & Age) (10:25am – 11:05am)
6:30 – 7:10	TAEKWONDO (Brown – Black/W)	TAEKWONDO (Green – Black)	TAEKWONDO (Brown – Black/W)	TAEKWONDO (Green – Black)	TKD SPARRING (Teens & Adults & Black Belt)	JUDO All Ages & Levels (11:10pm – 12:00pm)
7:10 – 7:50	TAEKWONDO Black Belt Only	TAEKWONDO All Levels (Teens & Adults)	TAEKWONDO Black Belt Only	TAEKWONDO All Levels (Teens & Adults)	 TAEKWONDO TEAM FORCE	 JUDO TEAM FORCE (In-Season) (12:00pm – 1:00pm)
8:00 – 8:50	 TAEKWONDO TEAM FORCE (In-Season)	JUDO Adults & Teens (Ages 11 – Up)	 TAEKWONDO TEAM FORCE (In-Season)	JUDO Adults & Teens (Ages 11 – Up)	 JUDO TEAM FORCE (8:00pm – 9:00pm)	
8:50 – 9:40	INSTRUCTOR Training	 JUDO TEAM FORCE (In-Season 8:50 – 10:00)	INSTRUCTOR Training	 JUDO TEAM FORCE (In-Season 8:50 – 10:00)	PRIVATE LESSON Reserved Only	

We follow the **FORSYTH COUNTY SCHOOLS** calendar regarding holidays..

[www.supermasterkim.com](http://www.supermasterkim.com)