





## SUPERMASTER KIM MARTIAL ARTS ACADEMY 2024 TRAINING SCHEDULE

Personal Training/Private Lessons available in Taekwondo/Judo for adults and kids.

For more information, contact us at [770-888-2188](tel:770-888-2188) / [supermasterkim@gmail.com](mailto:supermasterkim@gmail.com)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1:00 – 2:00	PRIVATE LESSON Reserved Only	YOGA All Ages	PRIVATE LESSON Reserved Only	YOGA All Ages	PRIVATE LESSON Reserved Only	 TAEKWONDO TEAM FORCE (7:30am – 9:00am)
4:00 – 4:30	TAEKWONDO Tiny Tiger (Ages 4 – 6)	PRIVATE LESSON Reserved Only	TAEKWONDO Tiny Tiger (Ages 4 – 6)	PRIVATE LESSON Reserved Only	PRIVATE LESSON Reserved Only	LEADERSHIP Training (9:00am – 9:45am)
4:30 – 5:10	TAEKWONDO Level I (White – Orange)	JUDO Kids (Ages 4 – 10)	TAEKWONDO Level I (White – Orange)	JUDO Kids (Ages 4 – 10)	TKD SPARRING (Ages 6 – 9) (5:00pm – 5:45pm)	TAEKWONDO Family (9:45am – 10:25am)
5:10 – 5:50	TAEKWONDO Level II (Green – Purple)	TAEKWONDO Tiny Tiger (Ages 4 – 6) (5:20pm – 5:50pm)	TAEKWONDO Level II (Green – Purple)	TAEKWONDO Tiny Tiger (Ages 4 – 6) (5:20pm – 5:50pm)	TKD SPARRING (Ages 10 – 12) (5:45pm – 6:30pm)	TKD SPARRING (All Belt & Age) (10:25am – 11:05am)
5:50 – 6:30	TAEKWONDO Level III (Brown – Black/W)	TAEKWONDO Level I (White – Orange)	TAEKWONDO Level III (Brown – Black/W)	TAEKWONDO Level I (White – Orange)	TKD SPARRING (Teens & Adults & Black Belt) (6:30pm – 7:15pm)	INSTRUCTOR Training (11:05am – 11:50am)
6:30 – 7:10	JUDO All Ages & Levels	TAEKWONDO Level II – IV (Green – Black)	JUDO All Ages & Levels	TAEKWONDO Level II – IV (Green – Black)	 TAEKWONDO TEAM FORCE (7:15pm – 8:00pm)	SPECIAL EDUCATION TKD & JUDO (11:50am – 12:30pm)
7:10 – 7:50	TAEKWONDO Level IV (Black Belt Only)	TAEKWONDO All Levels (Teens & Adults)	TAEKWONDO Level IV (Black Belt Only)	TAEKWONDO All Levels (Teens & Adults)	PRIVATE LESSON Reserved Only	JUDO All Ages & Levels (12:30pm – 1:20pm)
8:00 – 8:50	PRIVATE LESSON Reserved Only	JUDO Adults & Teens (Ages 11 – Up)	PRIVATE LESSON Reserved Only	JUDO Adults & Teens (Ages 11 – Up)	PRIVATE LESSON Reserved Only	 JUDO TEAM FORCE (1:30pm – 3:00pm)

We follow the **FORSYTH COUNTY SCHOOLS** calendar regarding holidays.  
Classes are **cancelled** on belt testing days.