





SUPERMASTER KIM MARTIAL ARTS ACADEMY 2023-2024 TRAINING SCHEDULE

Personal Training/Private Lessons available in Taekwondo/Judo for adults and kids.

For more information, contact us at [770-888-2188](tel:770-888-2188) / supermasterkim@gmail.com

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4:00 – 4:30	TAEKWONDO Tiny Tiger: Wte - Grn (Ages 3 – 6)	TAEKWONDO Tiny Tiger: Blu – Blk (Ages 3 – 6)	TAEKWONDO Tiny Tiger: Wte - Grn (Ages 3 – 6)	TAEKWONDO Tiny Tiger: Blu – Blk (Ages 3 – 6)	TAEKWONDO & JUDO Private Lesson	 TAEKWONDO Sparring Team (7:30am-9:00am)
4:30 – 5:10	TAEKWONDO Level I (White – Orange)	JUDO Kids (Ages 4 – 10)	TAEKWONDO Level I (White – Orange)	JUDO Kids (Ages 4 – 10)	TAEKWONDO WT SPARRING (Ages 9 & Below)	LEADERSHIP TRAINING (9:00am-9:45am)
5:10 – 5:50	TAEKWONDO Level II (Green – Purple)	TAEKWONDO Level II & III (Green – Black/W)	TAEKWONDO Level II (Green – Purple)	TAEKWONDO Level II & III (Green – Black/W)	TAEKWONDO WT SPARRING (Ages 10 – 12)	INSTRUCTOR TRAINING (9:45am-10:30am)
5:50 – 6:30	TAEKWONDO Level III (Brown – Black/W)	TAEKWONDO Level I (Tiny Tiger – Orange)	TAEKWONDO Level III (Brown – Black/W)	TAEKWONDO Level I (Tiny Tiger – Orange)	TAEKWONDO WT SPARRING (All Belts & Ages)	TAEKWONDO Family (10:30am-11:10am)
6:30 – 7:10	TAEKWONDO Self Defense / Board Breaking (All Belts & Ages)	TAEKWONDO All Levels (All Belts & Ages)	TAEKWONDO WT Sparring (All Belts & Ages)	TAEKWONDO All Levels (All Belts & Ages)	TAEKWONDO WT SPARRING (Teens & Adults & Black Belt)	TAEKWONDO Beginners (Tiny Tiger – Orange) (11:10am-11:50am)
7:10 – 7:50	TAEKWONDO Level IV (Black Belt Only)	TAEKWONDO All Levels (Teens & Adults)	TAEKWONDO Level IV (Black Belt Only)	TAEKWONDO All Levels (Teens & Adults)	 TAEKWONDO Sparring Team (7:20pm-8:20pm)	TAEKWONDO & JUDO Private Lessons (11:50pm – 12:30pm)
8:00 – 8:50	JUDO All Ages & Levels	JUDO Adults & Teens (Ages 11 – Up)	JUDO All Ages & Levels	JUDO Adults & Teens (Ages 11 – Up)	TAEKWONDO & JUDO Private Lesson	JUDO All Ages & Levels (12:40am-1:30pm)

We follow the **FORSYTH COUNTY SCHOOLS** calendar regarding holidays.

Classes are **cancelled** on belt testing days.