






SUPERMASTER KIM MARTIAL ARTS ACADEMY

2023 CLASS SCHEDULE

Personal Training/Private Lessons available in Taekwondo/Judo for adults and kids.

For more information, contact us at [770-888-2188](tel:770-888-2188) / supermasterkim@gmail.com

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2:00 – 6:00	AFTER-SCHOOL TRANSPORTATION PROGRAM	AFTER-SCHOOL TRANSPORTATION PROGRAM	AFTER-SCHOOL TRANSPORTATION PROGRAM	AFTER-SCHOOL TRANSPORTATION PROGRAM	AFTER-SCHOOL TRANSPORTATION PROGRAM	PRIVATE LESSON Ask Master Kim Reserved Only
4:20 – 4:50	TAEKWONDO Tiny Tigers (Ages 3 – 6)	PRIVATE LESSON Ask Master Kim Reserved Only	TAEKWONDO Tiny Tigers (Ages 3 – 6)	PRIVATE LESSON Ask Master Kim Reserved Only	TAEKWONDO Tiny Tigers (Ages 3 – 6)	INSTRUCTOR TRAINING 9:00am – 9:50am
4:50 – 5:30	TAEKWONDO (White – Orange)	JUDO (All Kids)	TAEKWONDO (White – Orange)	JUDO (All Kids)	TAEKWONDO WT SPARRING Beginner	LEADERSHIP TRAINING 10:00am – 11:00am
5:30 – 6:10	TAEKWONDO (Green – Purple)	TAEKWONDO (All Belts)	TAEKWONDO (Green – Purple)	TAEKWONDO (All Belts)	TAEKWONDO WT SPARRING Intermediate	SPECIAL NEEDS TRAINING 11:00am – 11:45pm
6:10 – 6:50	TAEKWONDO (Brown – Blk/Wte)	TAEKWONDO (Family)	TAEKWONDO (Brown – Blk/Wte)	TAEKWONDO (Family)	TAEKWONDO WT SPARRING Advanced	
6:50 – 7:30	TAEKWONDO (All Belts)	TAEKWONDO (Black Belt Only)	TAEKWONDO (All Belts)	TAEKWONDO (Black Belt Only)	 PERFORMANCE TRAINING 6:50pm – 7:30pm (Stamina, Endurance, Muscle, Weight Loss)	
7:30 – 8:10	TAEKWONDO (Teens & Adults, Black Belts, Sparring Team)	JUDO (Adults & Teens) 7:30pm – 8:20pm	TAEKWONDO (Teens & Adults, Black Belts, Sparring Team)	JUDO (Adults & Teens) 7:30pm – 8:20pm		
8:10 – 8:50	 TAEKWONDO (Sparring Team)	PRIVATE LESSON Ask Master Kim Reserved Only	 TAEKWONDO (Sparring Team)	PRIVATE LESSON Ask Master Kim Reserved Only		

We follow the **FORSYTH COUNTY SCHOOLS** calendar regarding holidays.

Classes are **cancelled** on belt testing days.

www.supermasterkim.com